

Fall 2022



GracePoint Board of Directors Forms a Foundation and Creates the GracePoint Legacy Society

The GracePoint institute for Relational Health Board of Directors has established the **GracePoint Legacy Society** to recognize individuals and families who have made provisions in their estate plans or through cash or stock gifts to the endowment, with the earnings going from your gift to GracePoint Institute for Relational Health for the benefit of the ministry.

Who are the members of the GracePoint Legacy Society?

For people who create a legacy beyond their lifetime, the GracePoint Legacy Society assures donors that their charitable dollars will be used in the way they intended. As a member of the GracePoint Legacy Society you are given the opportunity to belong to a group of like-minded people who are committed to support the work of our ministry.

How does the GracePoint Legacy Society work?

Establish - Donors can include a gift to the GracePoint Foundation in their will or trust that establishes an irrevocable bequest.

Notify - Donors notify GracePoint that an irrevocable endowment gift is included in their estate plan.

Join - Once we learn of your commitment to the endowment, you will become a member of the GracePoint Legacy Society. It will be your option as to how you wish your name to appear in the Society membership.

Establishing a Foundation

We recently received a major endowment gift pledge from the Bill and Leona Kernen Family as an initial gift to establish the GracePoint Foundation. With this gift, the Kernen family has become a GracePoint Legacy Society member. The endowment name will be *The Bill and Leona Kernen Family Endowment for the Growth and Development of GracePoint Institute for Relational Health*.

We thank the Kernen Family for this generous and visionary gift and invite others to consider giving a gift that will keep on giving through the GracePoint Foundation. Contact Mark Hannemann at mark@relationalhealth.org for more information.



Dear Friend of GracePoint,

Has anyone ever told you to count to ten? Maybe it was for a game of hide and seek. Maybe it was before they were going to show you a surprise. Maybe it was to cool you off because you were angry. At GracePoint we are counting to ten for a very special reason.

Next month will mark ten years since GracePoint's ministry began with me sitting down with our first client on December 3, 2012. It is hard to believe we are at the ten year mark already! We certainly could not have reached this milestone without the grace of God and the help of friends like you who have come alongside us with your prayers, encouragement, and financial support. What a joy and a blessing it has been for us to serve as an extension of the healing ministry of Jesus Christ, applying the GRACE of God the POINTS of human need. Take time today to count ten blessings!

Justin Hannemann, PhD, CEO



Building Blocks of Healthy Relationships

EMPATHY

When partners work to understand each other's points of view and feelings, they are better able to respond to each other with love and kindness.

TRUST

Trusting couples can rely on each other, and become a "secure base" for each other. They seek and enjoy intimacy with each other without fear.

HONESTY

Honesty builds trust and respect between partners. Avoid misunderstandings early by speaking freely and openly.

RESPECT

Being respectful and constructive when dealing with conflicts and disagreements allows for effective problem-solving.

PARTNERSHIP

By sharing power and control and being a partnership of equals, couples can better balance togetherness and autonomy, dependence and independence while maintaining trust.

RESPONSIBILITY

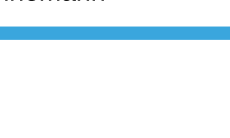
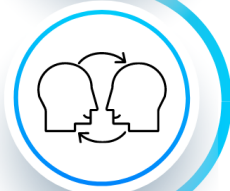
When couples take responsibility for their part in problems and solutions, they can avoid the blame game. Partners should be able to apologize and forgive.

PRIORITY

Successful couples keep the relationship alive and vital by making it a priority. Spend time together, have fun and show love regularly.

COMMUNICATION

Avoid becoming defensive, angry, critical, or aggressive when your partner shares feelings or gives feedback.

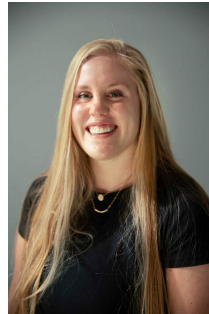


BOARD *Members*

Jeff Beckman
Steve Beyer
Dan Brown
Mike Chapman
A. William "Bill" Kernen
Bill Seim
Vanessa Seifert
Mark Hannemann



TO OUR NEW STAFF!



Hannah Neihardt,
MS, PLMHP

Hannah Neihardt specializes in individual counseling with adolescents and young adults. She is passionate about taking a holistic approach to counseling. Hannah works with individuals dealing with anxiety, depression, trauma, and relational issues. Hannah holds a Bachelor of Arts in Psychology from Northwestern College and completed her Master's Degree in Counseling from the University of South Dakota.

Becky Soppe has had extensive experience working with at-risk children, adolescents, and families. She has expertise in teaching social, anger-management, coping, and life skills. She completed an internship at Boy's Town Psychiatric Residential Treatment Facility and has experience with Individual and Group Therapy. Becky's undergraduate degree is in education and she completed a Master's Degree in Counseling at Bellevue University.



Becky Soppe, MS,
LMHP

Our Staff

Rev. Dr. Justin Hannemann, MDiv, PhD, LIMHP, LMFT
Chief Administrative Officer/Co-founder

Rev. David Muench, MDiv, MS, LMFT
Executive Director

Venita Steinbauer, MS, LMHP, CMFT *Therapist*
Mary Gieseke, MA, LIMHP, LADC *Therapist*
Becky Soppe, MS, LMHP *Therapist*
Hannah Neihardt, MS, PLMHP, NCC *Therapist*
Katie Reutzel, MS, RD, LMNT *Therapist*
Stacey Swan, MA, PLMHP *Therapist*
Katherine Hannemann, BS *Executive Assistant*
Jennie Smith, BS *Administrative Assistant*